What is “The Living Room”?  

The Living Room is a mental health crisis respite program, one of the first of its kind in Illinois.

The Living Room is a comfortable, non-clinical space that offers an alternative to hospital emergency rooms for those experiencing stressful and anxiety-provoking situations (psychiatric emergencies).

The goal of the program is to provide a calm and safe environment in which guests can resolve crises without more intensive intervention.

Where is “The Living Room” and when is it open?  

1230 N. Highland Ave.  
Aurora, IL 60506  
(630) 966-4305

Monday - Thursday  
3:00pm - 8:00pm

(No Appointment Needed)

Vist AID Online:  
www.the-association.org

E-mail AID:  
info@the-association.org

Like Us on Facebook:  
www.facebook.com/theaid
WHAT CAN YOU EXPECT WHEN YOU COME TO THE LIVING ROOM?

When you come to the Living Room as a guest, you will be greeted by a member of the Living Room staff.

The clinician will assess your safety and collect preliminary information. You will then be paired with a Peer Support Specialist who will orient you to the Living Room.

The Peer Support Specialist will provide support and counseling to guests throughout their stay in the Living Room, and the Peer Support Specialist will help you make use of the resources that will help you resolve your crisis.

Peer Support Specialists with personal experiences in managing the challenges of living with mental illness will provide crisis intervention, counseling and mentoring with assistance from the clinician.

In this way, the Living Room emphasizes (consumer) leadership and promotes a model for other mental health providers in Illinois.

In addition, this innovative program is expected to (demonstrate) major cost savings for the State by decreasing the demand on area emergency rooms while caring for guests in a compassionate, non-intrusive setting.

WHAT DOES “THE LIVING ROOM” OFFER?

The Living Room offers a wide array of resources:

- Crisis Intervention
- A safe, comfortable place to rest or relax
- Support from Peer Counselors and a licensed clinician
- Linkage with referrals for emergency housing, healthcare, food and mental health services
- An alternative to hospital emergency rooms

...Calm, Safe Space

...Practical Problem-Solving

...Peer Support