

Registration Form - please use a separate sheet for each individual

Payment Information:

Payment may be processed using one of the following methods:	
Check Enclosed. Check # _____	Amount: \$ _____ Please make check payable to Association for Individual Development-Training.
PO or State Voucher #: _____	Visa _____ MasterCard _____
Card #: _____	Expiration Date: _____
Cardholder Signature: _____	

ABOUT THE PRESENTERS

Kimberly Buckheister, MPH: Ms. Buckheister, a Co-Program Manager for Crisis Intervention Services at AID, specializes in mental health. She has experience working in residential programs, and completing assessments with neurologist/psychologists and hospital.

Rosalie DeYoung, MA, LCPC: Ms. DeYoung, who specializes in mental health, is the BH Quality Improvement Manager at AID. She has led several therapy groups for individuals and families, and has facilitated various staff trainings.

Allison Fennell, BS: Ms. Fennell is a Staff Training Specialist at AID. Her experience has included providing case management to residential programs that support adults with developmental disabilities as well as directly supporting children and adults with disabilities in a variety of settings.

Joanne Furnas, MA, QMHP: Ms. Furnas is the Director of Crisis Services at AID which includes Crisis Intervention Services, Crisis Line, Victim Services, the Lighthouse Program and Homeless Youth. An experienced trainer, she has also worked in law enforcement and with children with behavior problems.

Sable Handke, MSW, LCSW: Ms. Handke is the Program Manager of Victim and Outreach Services at AID. She has extensive training in critical incident stress management and debriefing, and trauma and grief counseling.

Anu Khetarpal, MS: Ms. Khetarpal is the Director of Quality Improvement & Staff Development and Training at AID. With extensive experience in developing and providing leadership in areas of day and community living programs including clinical support teams, she is an experienced trainer and educator.

Stephanie Maszak, MSW, CADC, CCTP : Ms. Maszak is the Intake Coordinator in the Behavioral Health Services at AID. She has experience working with children and adolescents in the juvenile justice system, and with adults with mental illness and/or substance use disorders.

Kelley Monahan, MA: Ms. Monahan is Director for Behavior Support Services at AID. She is a Behavior Therapist, currently pursuing Board Certification to become a Behavior Analyst. She has worked with children and adults with disabilities for 12 years.

Dr. Carrie Steiner, PsyD: Dr. Steiner is a licensed clinical psychologist in the State of Illinois. She is currently the Psychologist for AID, and conducts psychological evaluations for community, forensic, and DCFS cases.

Crystal Whitaker, BA, MHP: Ms. Whitaker is the Co-Program Manager for Crisis Intervention Services at AID. She specializes in mental health, having worked in Out Patient Services and a Community Linkage Program.



Winter/Spring 2014 Trainings

(January 2014 to June 2014)



For supporting individuals with disabilities, mental illness and those in crisis.

WINTER/SPRING 2014 OFFERINGS

Diagnostic Changes and Considerations Using the DSM-5

This training will cover: Highlights and changes to the DSM-5; an introduction to the new organizational structure; understanding new disorders and reclassification of previous diagnoses; understanding changes to Autism Spectrum disorders and introduction of severity levels; the new approach to schizophrenia, substance use, and addictive disorders; applying DSM-5 criteria to accurately and properly diagnose to ensure reimbursement.

Presenter: Dr. Carrie Steiner

6 contact hours

Cost: \$120.00

Friday, January 31st (9a to 4p) AID Aurora Room ABC

Boardmaker

Learn about the Boardmaker computer program and creating picture communication tools.

Presenter: Allison Fennell

2 contact hours (limited seating)

Cost: \$40.00

Choose From:

Friday, February 12th (1p to 3p) AID Aurora Room E

Wednesday, May 14th (1p to 3p) AID Aurora Room E

Compassion Fatigue

Topics include characteristics, signs & symptoms, evaluating your own level and developing strategies to address compassion fatigue.

Presenter: Joanne Furnas

3 contact hours

Cost: \$50.00

Choose From:

Tuesday, March 18th (9a to 12p) AID Elgin Training Room

Thursday, June 12th (9a to 12p) AID Aurora Room B/C



WINTER/SPRING 2014 OFFERINGS

Completing the ICAP

Learn about the development & administration of the ICAP, its uses, interpreting scores & communicating ICAP results.

Presenter: Alison Fennell

3 Contact Hours

Cost: \$50.00

Choose from:

Thursday, March 13th (1p to 4p) AID Aurora Room E

Wednesday, June 11th (1p to 4p) AID Elgin Training Room

Crisis Intervention and Involuntary Hospitalizations

Understanding basic crisis theory, calling for assistance, legal ramifications of voluntary and involuntary psychiatric admissions & completing a petition to assure clients get treatment they need.

Presenter: Kimberly Buckheister/Crystal Whitaker

5 Contact Hours

Cost: \$60.00

Choose from:

Monday, January 13th (9a to 2p) AID Aurora Room B/C

Friday, April 11th (9a to 2p) AID Aurora Room B/C

Developing Performance Objectives

Recognize the importance of well-stated objectives on an individual plan, develop objectives with all essential characteristics and apply knowledge to the development of IPs.

Presenter: Anu Khetarpal

3 Contact Hours

Cost: \$50.00

Choose from:

Wednesday, February 12th (9:30a to 12:30p) AID Aurora Room E

Wednesday, May 14th (12:30p to 3:30p) AID Elgin Training Room

Dialectical Behavior Therapy

Learn the stages, modes and use of this therapy with personality disorders, eating disorders and substance abuse training.

Presenter: Mary Ihnenfeld

14 Contact Hours (*must attend both sessions*)

Cost: \$125.00

Choose from:

TRAINING 1

Session 1 Thursday, March 27th

Session 2 Friday, March 28th

(All sessions are from 9a to 4p at AID Aurora Room B/C)

TRAINING 2

Thursday, June 19th

Friday, June 20th

(All sessions on Wednesdays: 9:15a to 2p (includes ½ hour lunch) at AID Aurora)

Introduction to Mental Illness and Schizophrenia

Learn basics about characteristics, diagnostics and treatment.

Presenter: Rosalie DeYoung

3 Contact Hours

Cost: \$45.00

Choose from:

Thursday, March 20th (9:30a to 12:30p) AID Aurora Room B/C

Monday, May 5th (9:30a to 12:30p) AID Elgin Training Room

Mental Health First Aid

Similar to First Aid and CPR, Mental Health First Aid helps those experiencing mental health problems before they can get professional help and support. The Mental Health First Aid program is an interactive 8-hour course that teaches participants a five-step action plan to assess a situation, select and implement interventions and secure appropriate care for an individual.

Presenter: Stephanie Maszak

8 Contact Hours (*must attend both sessions*)

Cost: \$80.00

Choose from:

TRAINING 1

Session 1 Thursday, January 9th

Session 2 Friday, January 10th

(January session is from 9:30a to 2:30p at AID Elgin Training Room)
(May session is from 9:30a to 2:30p at AID Aurora B/C)

TRAINING 2

Monday, May 12th

Tuesday, May 13th

Positive Behavior Supports

This AAIDD's (AAMR's) Positive Behavior Support Training Curriculum provides training in values and practices of positive behavior support to personnel working with people with developmental and related disabilities.

Presenter: Kelley Monahan

7 Contact Hours

Cost: \$65.00

Choose from:

Thursday, January 23rd (9a to 4:30p) AID Aurora Room B/C

Thursday, April 24th (9a to 4:30p) AID Elgin Training Room

QIDP Training

Presenter: Anu Khetarpal

40 Contact Hours (*Ten 4 hour sessions as defined by DHS*)

Cost: \$850.00

Choose from:

TRAINING 1

Session 1 November 20th

Session 2 November 27th

Session 3 December 4th

Session 4 December 11th

Session 5 December 18th

Session 6 January 8th

Session 7 January 15th

Session 8 January 22nd

Session 9 January 29th

Session 10 February 5th

TRAINING 2

March 5th

March 12th

March 19th

March 26th

April 2nd

April 9th

April 16th

April 23rd

April 30th

May 7th

(All sessions on Wednesdays: 9:15a to 2p (includes ½ hour lunch) at AID Aurora)

Suicide Prevention and Intervention

Suicide myths, statistics, warning signs and protective factors; suicide lethality assessment; and communication and intervention techniques.

Presenter: Sable Handke

3 Contact Hours

Cost: \$50.00

Choose from:

Tuesday, January 28th (9a to 12p) AID Elgin Training Room

Thursday, April 10th (9a to 12p) AID Aurora Room B/C

REGISTRATION INFORMATION

Register by:

Phone: (630) 966-4117

Fax: (630) 844-2065

Mail: AID Training Department
309 W. New Indian Trail Ct.
Aurora, IL 60506

Continuing Education Credit:

1. All participants will receive Certificates of Attendance
2. QIDP CEU's offered: free
3. Social Worker IDPR CEUs: \$20.00 fee
4. Other professionals may submit their participation certificates to licensing boards for possible approval.

Cancellations and Refunds:

Participants canceling their registration more than 48 hours before the event may receive a credit or refund, less a \$20.00 administrative cost. No refunds for cancellations made less than 48 hours before the event or for "no-shows" on the day of training.

For comments and feedback contact:

Anu Khetarpal

Director

Quality Improvement and Staff Development and Training

Direct Phone: (630) 966-4104; akhetarpal@the-association.org

TRAINING LOCATIONS

AID Main Office

309 W. New Indian Trail Court
Aurora, IL 60506
Phone: (630) 966-4000

AID Elgin Office

1135 Bowes Road
Elgin, IL 60123
Phone: (847) 931-6200

Please refer to www.mapquest.com for directions

The mission of AID is to empower individuals with disabilities, mental illness and special needs to achieve independence and community inclusion.

Learn more about AID at:

www.the-association.org



AID is a United Way funded Agency



An affiliated
chapter of
The Arc