

## Registration Form - please use a separate sheet for each individual

Name	Title		
Name of Organization			
Address	City, State, Zip Code		
Phone	Fax	E-mail	Cost
Training Name	Date		
1.			
2.			
3.			
4.			
Total: \$			

### Payment Information:

Payment may be processed using one of the following methods:

Check Enclosed. Check # \_\_\_\_\_  
Amount, \$ \_\_\_\_\_ Please make check payable to Association for Individual Development-Training.

PO or State Voucher #: \_\_\_\_\_

Visa \_\_\_\_\_ MasterCard \_\_\_\_\_

Card #: \_\_\_\_\_

Expiration Date: \_\_\_\_\_

Cardholder Signature: \_\_\_\_\_

## ABOUT THE PRESENTERS

**Brenda Atwell, BA:** Ms. Atwell is a behavior specialist at AID. She has a background and experience with adults with disabilities.

**Rosalie DeYoung, MA, LCPC:** Ms. DeYoung is the BH Quality Improvement Manager at AID. She has led several therapy groups for individuals and families, and has facilitated various staff trainings.

**Alyssa Figueroa, MS:** Ms. Figueroa is a Behavior Therapist at ABA of Illinois. She has worked in an array of settings with adults and children with developmental disabilities, including in group homes, vocational day programs, in their home. Her emphasis is on determining effective interventions based on a functional assessment.

**Ashley Heinekamp, MA, QMHP:** Ms. Heinekamp is a Co-Program Manager for Crisis Intervention Services at AID. She has experience working in residential programs, behavioral health outpatient, group therapy, and crisis work at local hospitals.

**Vannia Herrera, MSW, LSW, QMHP:** Ms. Herrera is a Victim and Outreach Services Case Manager at AID. She has a background in child welfare and substance use counseling. Her experience is working with adults and children in crisis situations.

**Anu Khetarpal, MS:** Ms. Khetarpal is the Director of Quality Improvement & Staff Development and Training at AID. With extensive experience in developing and providing leadership in areas of day programs, community living programs, and clinical support teams, she is an experienced trainer and educator.

**Adam Rietveld:** Mr. Rietveld is a licensed clinical professional counselor with over 10 years of experience in a variety of different behavioral health settings and roles. He is a member of the Motivational Interviewing Network of Trainers and has conducted Motivational Interviewing trainings at multiple community mental health agencies and universities for clinicians and students in order to further their motivational interviewing journey.

**Jaime Rische MA, BCBA:** With over 15 years of experience in Applied Behavior Analysis, Ms. Rische has worked with children and adults of all ages and diagnoses in intensive home, educational, inpatient hospital, workshop, and community settings. Her focus is on swift identification of functions of behavior, functional skill acquisition, and family/staff training for long-term effectiveness and behavior change.

**Virginia Seaman, MA, CADC, LCPC:** Ms. Seaman is the Director of Behavioral Health Outpatient Services at AID. She has provided mental health and addictions treatment in the Aurora community and has been an adjunct professor at Aurora University and Waubesa Community College.

**Crystal Whitaker, BA, MHP:** Ms. Whitaker is the Co-Program Manager for Crisis Intervention Services at AID. She specializes in mental health, having worked in Outpatient Services and a community linkage program.

# AID Association for Individual Development

## TRAINING CATALOG

### (JULY-DECEMBER 2017)



### Compassion Fatigue

Topics include characteristics, signs & symptoms, evaluating your own level and developing strategies to address compassion fatigue.

Presenter: **Ashley Heinekamp**

**3** contact hours - Cost: \$60.00

Choose From:

**Tuesday, September 5 (9a to 12p)**

Location: AID Aurora Room B/C

**Tuesday, December 5 (9a to 12p)**

Location: AID Elgin Training Room

### Completing the ICAP

Learn about the development & administration of the ICAP, its uses, interpreting scores & communicating ICAP results.

Presenter: **Anu Khetarpal**

**3** contact hours - Cost: \$60.00

Choose From:

**Friday, September 15 (12p to 3p)**

Location: AID Aurora Room B/C

**Friday, November 10 (12p to 3p)**

Location: AID Elgin Training Room

**QIDP, LSW/LCSW, and LPC/LCPC CEUs are available for all trainings.**

**See inside for details.**

## Crisis Intervention & Involuntary Hospitalization

Understanding basic crisis theory, calling for assistance, legal ramifications of voluntary and involuntary psychiatric admissions & completing a petition to assure clients get treatment they need.

Presenter: **Crystal Whitaker**

5 contact hours - Cost: \$70.00

Choose From:

**Wednesday, August 23 (9a to 2p)**

Location: AID Aurora Room B/C

**Wednesday, November 8 (9a to 2p)**

Location: AID Elgin Training Room

## Developing Learning Objectives

Recognize the importance of well-stated objectives on an individual plan, develop objectives with all essential characteristics and apply knowledge to the development of IPs.

Presenter: **Anu Khetarpal** - 3 contact hours - Cost: \$60.00

Choose From:

**Friday, September 1 (11:30a to 2:30p)**

Location: AID Elgin Training Room

**Monday, November 17 (9:30a to 12:30p)**

Location: AID Aurora Room B/C

## Introduction to Mental Illness and Schizophrenia

Learn basics about characteristics, diagnostics & treatment.

Presenter: **Rosalie DeYoung** - 2 contact hours - Cost: \$50.00

Choose From:

**Tuesday, September 19 (9:30a to 11:30a)**

Location: AID Aurora Room B/C

**Monday, November 13 (9:30a to 11:30a)**

Location: AID Elgin Training Room

## Introduction to Behavior Analysis

Learn how a functional analysis is conducted, the four elements of the multimodal approach, how to develop a behavior protocol and how to collect and compile data.

Presenter: **Jaime Rische, ABA of IL**

9 contact hours - Cost: \$90.00 (All sessions are from 9a to 3p)

Choose from:

**Session 1** Tuesday, October 3

**Session 2** Wednesday, October 4

AID Elgin Training Room

## Motivation Enhancement

Frontline clinicians learn about resolving ambivalence in clients and preparing them to move toward change using the concepts of Motivational Interviewing and the five Stages of Change.

Presenter: **Adam Rietveld** - 3 contact hours - Cost: \$60.00

Choose from:

**Monday, August 14 (1p to 4p)**

Location: AID Aurora Room B/C

**Tuesday, November 14 (1p to 4p) - CANCELLED**

Location: AID Elgin Training Room

## Positive Behavior Supports

Learn the values and practices of positive behavior support in working with people with developmental and related disabilities.

Presenter: **Brenda Atwell / Jaime Rische**

7 contact hours - Cost: \$75.00

Choose From:

**Tuesday, July 25 (9a to 4:30p)**

Location: AID Aurora Room B/C

**Thursday, October 5 (9a to 4:30p)**

Location: AID Elgin Training Room

## QIDP Training

Presenter: **Anu Khetarpal**

40 contact hours - Ten 4 hour sessions (as defined by DHS)

Location: AID Aurora - Cost: \$800.00

**All sessions on Wednesdays: 10a to 2:45p**  
(includes ½ hr lunch break)

**Session 1** October 17 (Tuesday)

**Session 2** October 25

**Session 3** November 1

**Session 4** November 8

**Session 5** November 15

**Session 6** November 22

**Session 7** November 29

**Session 8** December 6

**Session 9** December 13

**Session 10** December 20

## Suicide Prevention and Intervention

Suicide myths, statistics, warning signs and protective factors; suicide lethality assessment; and communication and intervention techniques.

Presenter: **Vannia Herrera**

3 contact hours - Cost: \$60.00

Choose From:

**Friday, July 21 (9a to 12p)**

Location: AID Aurora Room B/C

**Thursday, November 2 (9a to 12p)**

Location: AID Elgin Training Room



**With 3 Paid Same Session Registrations,  
4<sup>th</sup> registered person may attend FREE!**

## REGISTRATION INFORMATION

### Register by:

Phone: (630) 966-4117

Fax: (630) 844-2065

Mail: AID Training Department  
309 New Indian Trail Ct.  
Aurora, IL 60506



AID is a United Way funded Agency

### Continuing Education Credit:

1. All participants will receive Certificates of Attendance
2. QIDP CEU's offered: free
3. LPC/LCPC or LSW/LCSW IDPR CEUs: \$20.00 fee (need license number).
4. Other professionals may submit their participation certificates to licensing boards for possible approval.

### Cancellations and Refunds:

Participants canceling their registration more than 48 hours before the event may receive a credit or refund, less a \$20.00 administrative cost. No refunds for cancellations made less than 48 hours before the event or for no-shows on the day of training.

### For comments and feedback contact:

Anu Khetarpal - Director

Quality Improvement and Staff Development and Training

Direct Phone: (630) 966-4104; [akhetarpal@the-association.org](mailto:akhetarpal@the-association.org)

## TRAINING LOCATIONS

### AID Main Office

309 New Indian Trail Court  
Aurora, IL 60506  
Phone: (630) 966-4000

### AID Elgin Office

1135 Bowes Road  
Elgin, IL 60123  
Phone: (847) 931-6200



*Please refer to Google Maps for directions*

*The mission of AID is to empower people with physical, developmental, intellectual and mental health challenges to enjoy lives of dignity and purpose*

**[www.The-Association.org](http://www.The-Association.org)**