

## Registration Form - please use a separate sheet for each individual

Name	Title		
Name of Organization			
Address	City, State, Zip Code		
Phone	Fax	E-mail	
Training Name	Date	Cost	
1.			
2.			
3.			
4.			

Total: \$ \_\_\_\_\_

### Payment Information:

Payment may be processed using one of the following methods:

Check Enclosed. Check # \_\_\_\_\_  
Amount, \$ \_\_\_\_\_ Please make check payable to Association for Individual Development-Training.

PO or State Voucher #: \_\_\_\_\_

Visa \_\_\_\_\_ MasterCard \_\_\_\_\_

Card #: \_\_\_\_\_

Expiration Date: \_\_\_\_\_

Cardholder Signature: \_\_\_\_\_

## ABOUT THE PRESENTERS (continued)

**Yesenia Herrera, BS, ICDVP:** Program Manager of Victim and Outreach Services with AID. Yesenia has a background in crisis intervention and domestic violence, as well as being vividly involved in the communities served.

**Whitney Hussong, MSW:** Ms. Hussong is a Victim and Outreach Services case manager, currently in the process of being certified in Crisis Intervention and Stress Management (CISM). Ms. Hussong has completed training in Bereavement Counseling and has experience working with both adults and children in the field

**Anu Khetarpal, MS:** Ms. Khetarpal is the Director of Quality Improvement & Staff Development and Training at AID. With extensive experience in developing and providing leadership in areas of day and community living programs including clinical support teams, she is an experienced trainer and educator.

**Kelley Monahan, MA:** Ms. Monahan is Director for Behavior Support Services at AID. She is a Behavior Therapist, currently pursuing Board Certification to become a Behavior Analyst. She has worked with children and adults with disabilities for over 12 years.

**Jaime Rische MA BCBA:** With over 15 years of experience in Applied Behavior Analysis, Ms. Rische has worked with children and adults of all ages and diagnoses in intensive home, educational, inpatient hospital, workshop, and community settings. Her focus is on swift identification of functions of behavior, functional skill acquisition, and family/staff training for long-term effectiveness and behavior change.

**Virginia Seaman, MA, CADC, LCPC:** Ms. Seaman is the Director of Behavioral Health Outpatient Services at AID. She has provided mental health and addictions treatment in the Aurora community and has been an adjunct professor at Aurora University and Wau-bonsee Community College.

**Allison Short, BS:** Ms. Short is Staff Training Specialist at AID. Her experience has included providing case management to residential programs that support adults with developmental disabilities as well as directly supporting children and adults with disabilities in a variety of settings.

**Dr. Carrie Steiner, PsyD:** Dr. Steiner is a licensed clinical psychologist in the State of Illinois. She is currently the Psychologist for AID, and conducts psychological evaluations for community, forensic, and DCFS cases.

**Crystal Whitaker, BA, MHP:** Ms. Whitaker is the Co-Program Manager for Crisis Intervention Services at AID. She specializes in mental health, having worked in Outpatient Services and a Community Linkage Program.

*The mission of AID is to empower people with physical, developmental, intellectual and mental health challenges to enjoy lives of dignity and purpose*

[www.The-Association.org](http://www.The-Association.org)



Association for  
Individual Development

## Summer/Fall Training Catalog (July - December 2015)

**For supporting individuals with  
Disabilities, Mental Illness and those in crisis.**

### SUMMER/FALL 2015 OFFERINGS

#### Compassion Fatigue

Topics include characteristics, signs & symptoms, evaluating your own level and developing strategies to address compassion fatigue.

Presenter: **Joanne Furnas**

**3** contact hours - Cost: \$50.00

Choose From:

Monday, September 28 (9a to 12p)

Location: AID Aurora Room B/C

Monday, December 21 (9a to 12p)

Location: AID Elgin Training Room

#### Completing the ICAP

Learn about the development & administration of the ICAP, its uses, interpreting scores & communicating ICAP results.

Presenter: **Allison Short**

**3** contact hours - Cost: \$50.00

Choose From:

Tuesday, August 11 (1p to 4p)

Location: AID Aurora Room B/C

Tuesday, October 6 (1p to 4p)

Location: AID Elgin Training Room

#### Crisis Intervention & Involuntary Hospitalization

Understanding basic crisis theory, calling for assistance, legal ramifications of voluntary and involuntary psychiatric admissions & completing a petition to assure clients get treatment they need.

Presenter: **Crystal Whitaker**

**5** contact hours - Cost: \$60.00

Choose From:

Monday, July 6 (9a to 2p)

Location: AID Aurora Room E

Thursday, October 8 (9a to 2p)

Location: AID Elgin Training Room

**QIDP, LSW/LCSW, and LPC/LCPC CEUs available  
for all trainings. See inside for details.**

**WITH 3 PAID SAME SESSION REGISTRATIONS,  
4<sup>th</sup> REGISTERED PERSON MAY ATTEND FREE!**

## SUMMER/FALL 2015 OFFERINGS (continued)

### Diagnostic Changes and Considerations Using the DSM-5

This training will cover: Highlights and changes to the DSM-5; an introduction to the new organizational structure; understanding new disorders and re-classification of previous diagnoses; understanding changes to Autism Spectrum disorders and introduction of severity levels; the new approach to schizophrenia, substance use, and addictive disorders; applying DSM-5 criteria to accurately and properly diagnose to ensure reimbursement.

Cost includes LPC/LCPC or LSW/LCSW IDPR CEUs.

Presenter: **Dr. Carrie Steiner**

6 contact hours - Cost: \$120.00 - Friday, June 19 (9a to 4p)

### Developing Learning Objectives

Recognize the importance of well-stated objectives on an individual plan, develop objectives with all essential characteristics and apply knowledge to the development of IPs.

Presenter: **Anu Khetarpal** - 3 contact hours - Cost: \$50.00

Choose From:

Friday, August 14 (9:30p to 12:30p)

Location: AID Elgin Training Room

Tuesday, October 13 (12:30p to 3:30p)

Location: AID Aurora Room B/C

### Introduction to Mental Illness and Schizophrenia

Learn basics about characteristics, diagnostics & treatment.

Presenter: **Rosalie DeYoung** - 3 contact hours - Cost: \$50.00

Choose From:

Thursday, September 10 (9:30a to 12:30p)

Location: AID Elgin Training Room

Tuesday, November 3 (9:30a to 12:30p)

Location: AID Aurora Room B/C

### Introduction to Behavior Analysis

Learn how a functional analysis is conducted, the four elements of the multimodal approach, how to develop a behavior protocol and how to collect and compile data.

Presenter: **Jaime Rische, ABA of IL**

10 Contact Hours - Cost: \$90.00 (All sessions are from 9a to 3p)

Choose from:

#### TRAINING 1

Session 1 Monday, August 3

Session 2 Tuesday, August 4

Elgin - Bowes Rd.

#### TRAINING 2

Monday, November 9

Tuesday, November 10

Aurora Room B/C

### Motivation Enhancement

Frontline clinicians learn about resolving ambivalence in clients and preparing them to move toward change using the concepts of Motivational Interviewing and the five Stages of Change.

Presenter: **Virginia Seaman** - 3 contact hours - Cost: \$50.00

Choose From:

Monday, August 10 (9a to 12p) - Location: AID Aurora Room B/C

Friday, November 20 (9a to 12p)

Location: AID Elgin Training Room

### Positive Behavior Supports

This AAIDD's (AAMR's) Positive Behavior Support Training Curriculum provides training in values and practices of positive behavior support to personnel working with people with developmental and related disabilities

Presenter: **Kelley Monahan / Brenda Atwell**

7 contact hours - Cost: \$65.00

Choose From:

Tuesday, July 28 (9a to 4:30p)

Location: AID Aurora Room B/C

Monday, October 5 (9a to 4:30p)

Location: AID Elgin Training Room

### QIDP Training

Presenter: **Anu Khetarpal**

40 contact Hours - Ten 4 hour sessions (as defined by DHS)

Location: AID Aurora - Cost: \$800.00

All sessions are from 10a to 2:45p (includes ½ hr lunch break)

Choose from:

	TRAINING 1	TRAINING 2	TRAINING 3
Session 1	May 13	August 19	December 2
Session 2	May 14	August 26	December 9
Session 3	May 20	September 2	December 16
Session 4	May 27	September 9	December 23
Session 5	June 3	September 16	December 30
Session 6	June 10	September 23	January 6
Session 7	June 17	September 30	January 13
Session 8	June 24	October 7	January 20
Session 9	July 1	October 14	January 27
Session 10	July 8	October 21	February 3

### QPR (Question, Persuade, Refer)

QPR (Question, Persuade, Refer) is a simple educational program that teaches ordinary citizens how to recognize a mental health emergency and how to get a person at risk the help they need.

Presenter: **Crystal Whitaker / Yesenia Herrera**

1 contact hours - Cost: \$25.00

Choose From:

Friday, July 10 (1p to 2p)

Location: AID Aurora Room B/C

Thursday, September 10 (1p to 2p)

Location: AID Elgin Training Room

### Suicide Prevention and Intervention

Suicide myths, statistics, warning signs and protective factors; suicide lethality assessment; and communication and intervention techniques.

Presenter: **Whitney Hussong**

3 contact hours - Cost: \$45.00

Choose From:

Wednesday, July 8 (9a to 12p)

Location: AID Aurora Room E

Friday, October 9 (9a to 12p)

Location: AID Elgin Training Room

## REGISTRATION INFORMATION

### Register by:

Phone: (630) 966-4117

Fax: (630) 844-2065

Mail: AID Training Department  
309 W. New Indian Trail Ct.  
Aurora, IL 60506



### Continuing Education Credit:

1. All participants will receive Certificates of Attendance
2. QIDP CEU's offered: free
3. LSW/LCSW and LPC/LCPC IDPR CEUs: \$20.00 fee
4. Other professionals may submit their participation certificates to licensing boards for possible approval.

### Cancellations and Refunds:

Participants canceling their registration more than 48 hours before the event may receive a credit or refund, less a \$20.00 administrative cost. No refunds for cancellations made less than 48 hours before the event or for no-shows on the day of training.

### For comments and feedback contact:

Anu Khetarpal - Director

Quality Improvement and Staff Development and Training

Direct Phone: (630) 966-4104; [akhetarpal@the-association.org](mailto:akhetarpal@the-association.org)

## TRAINING LOCATIONS

### AID Main Office

309 New Indian Trail Court

Aurora, IL 60506

Phone: (630) 966-4000

### AID Elgin Office

1135 Bowes Road

Elgin, IL 60123

Phone: (847) 931-6200



*Please refer to Google Maps for directions*

## ABOUT THE PRESENTERS

**Brenda Atwell, BA:** Ms. Atwell is a behavior specialist at AID currently pursuing Board Certification to become an Associate Behavior Analyst. She has worked in day programs serving adults with disabilities for over 7 years.

**Rosalie DeYoung, MA, LCPC:** Ms. DeYoung is the BH Quality Improvement Manager at AID. She has led several therapy groups for individuals and families, and has facilitated various staff trainings.

**Joanne Furnas, MA, QMHP:** Ms. Furnas is the Director of Crisis Services at AID which includes Crisis Intervention Services, Crisis Line, Victim Services, the Lighthouse Program and Homeless Youth. An experienced trainer, she has also worked in law enforcement and with children with behavior problems.